



**Medical Disclaimer:** Content on this site is for informational purposes only and is not medical advice. Use of this site does not create a provider–patient relationship. Care begins only after a formal consultation and completed intake/consent.

**Accessibility Statement:** Anchored Mindcare is committed to ensuring digital accessibility for all users, including individuals with disabilities. We strive to continually improve the user experience and apply relevant accessibility standards. If you experience any difficulty accessing content on this site, please contact us and we will make every reasonable effort to assist you.